

Activity Professionals
of Ontario
ANNUAL CONVENTION



Charting A New Course

October 18th - 20th, 2017

**Crowne Plaza
Kitchener-Waterloo**

Letter From The President



Dear Members and Non-Members,

As President of Activity Professionals of Ontario, I invite you – old attendees and new – to the 33rd Annual Activity Professionals of Ontario Convention.

With our theme this year of *Charting A New Course* it reminds us that we all need some time to step back and re-evaluate both our professional and personal lives every once in a while. Whether this be a different approach with residents, the government, the companies we work for or just our lives in general. We all need some time to look at the path in front of us.

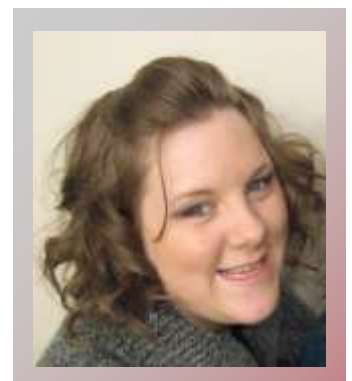
This year's line up is sure to have something for everyone. From sessions on documentation, new program ideas, programming for the younger population to a variety of hands-on sessions where delegates leave with a take home sample, this year won't be one to miss. We've booked amazing speakers, kicking off with Nancy Richards talking about your professional image, while the wonderful Paul Houle will be closing out our Convention with an interactive Endnote Address. For members, you're of course also invited to attend the AGM where we'll be discussing what APO has in store for the years ahead, so please make yourself available to voice how you would like to see us grow.

I encourage you to come out on Wednesday night for a special event wrapped into our Mix & Mingle. We'll be gathering at the local Cineplex VIP movie theater for snacks, drinks and a special show. Keep your eyes on our Facebook page and website for more details because this is going to be extraordinary.

On behalf of the board and our host committee, join us in Kitchener! I look forward to personally meeting everyone at Convention - old faces and new.

With Anticipation,

Tammy Doxtator-Jones
APO President



Important Information

***** PLEASE READ CAREFULLY *****

No refunds will be granted after October 13th, 2017
Substitutions will be allowed subject to full membership fee

Social Agenda Information

Dress Code - Business Casual / Thursday Breakfast wear your regional color

East Region - Green
Central Region - Yellow
South Region - Purple
North Region - Orange

Banquet - Pirate or Explorer Attire Encouraged

Extra Banquet ticket \$75.00 (Day registration does **NOT** include a banquet ticket). Extra banquet tickets must be ordered prior to October 5th, 2017.

If you have any dietary restrictions, allergies, etc. it is your responsibility to notify the Convention Chair by October 5th, 2017 at convention@activitypro.ca

Hotel and booking information can be found on page 21 of this book.

Registration forms used for this convention are the last 2 pages of this book or you can register online at <http://www.activitypro.ca/event-2383425>

Refer to the APO website for links for driving instructions. www.activitypro.ca

If This Is Your First Convention

This is a great opportunity to network so mingle around and if you are shy just look for any of the APO Executive as they would be more than happy to introduce you to other Activity Professionals. Also the Wednesday night Mix & Mingle is a great time to start having fun and making those important connections... but that's just the start. We've organized a few other events throughout the convention designed for you to foster those relationships that will help you grow your professional circle.

Consider this...

Becoming an APO member entitles you to membership rates for the convention and you get the benefit of the APO newsletters, members only section of the website, access to document sharing including program plans, membership rates for workshops, free APO webinars, and unlimited networking opportunities. Become a member by registering through the APO website and send it along with your registration. Joining at Convention time now means your membership is renewed based on that date, so you get to enjoy the APO benefits for a full calendar year.

Have Convention Questions?

Contact Michelle Proulx at convention@activitypro.ca

2017 Convention Sponsors

Gold Level

**Your Company's
Logo Could Be
Here**

Silver Level



Bronze Level



Want To Be A Sponsor? Contact Us

Past Exhibitors You Might See



Convention At A Glance

| Wednesday, October 18, 2017 | | | |
|------------------------------------|---|------------|------------|
| 11:00 - 3:00 | Early Bird Breakout Session (extra cost) | | |
| 2:00 - 5:00 | Registration Table Open | | |
| 4:00 - 5:15 | Early Bird Speaker ~ Nancy Richards Forecast: Professional Image, Cloudy or Clear? | | |
| 6:00 | Mix & Mingle | | |
| Thursday, October 19, 2017 | | | |
| 7:30 - 8:30 | Regional Networking Breakfast | | |
| 8:00 | Registration Open | | |
| 8:00 - 5:00 | Exhibitors Hall Open | | |
| 8:30 - 9:30 | Keynote Speaker ~ Judy Croon Relieving Stress From Change | | |
| 9:45 - 10:15 | Coffee Break In Exhibitors Hall | | |
| 10:30 - 12:00 | <i>S1</i> | <i>S2</i> | <i>S3</i> |
| 12:00 - 1:30 | Lunch | | |
| 12:30 - 1:30 | AGM Wine & Cheese | | |
| 1:45 - 3:15 | <i>S4</i> | <i>S5</i> | <i>S6</i> |
| 3:15 - 3:45 | Coffee Break In Exhibitors Hall | | |
| 3:45 - 5:15 | <i>S7</i> | <i>S8</i> | <i>S9</i> |
| 6:30 - 7:30 | Cocktails ~ Cash Bar | | |
| 7:30 - 10:00 | Dinner & Awards Ceremony | | |
| 9:00 - 10:00 | Evening Party | | |
| Friday, October 20, 2017 | | | |
| 7:45 - 8:45 | Continental Breakfast ~ Morning Networking | | |
| 8:00 - 12:00 | Exhibitors Hall Open | | |
| 8:00 - 9:30 | Registration Open | | |
| 9:00 - 11:00 | <i>S10</i> | <i>S11</i> | <i>S12</i> |
| 11:30 | Hotel Check Out | | |
| 11:45 - 12:45 | Lunch | | |
| 12:30 - 1:45 | Endnote Speaker ~ Paul Houle Managing & Embracing Change With A... BOOM | | |
| 1:45 - 2:00 | Closing Remarks and Farewell | | |

Early Bird Breakout Session

Wednesday, October 18 ~ 11:00 AM - 3:00 PM



EB

RAI-MDS Coding Accuracy, Documentation and Care Planning Effectiveness in Long-Term Care

Presenter: Soo Ching Kikuta

Soo Ching brings over 18 years of RAI-MDS experience. Her RAI experience includes both Ontario and Alberta. She is a popular speaker on RAI-MDS for National conventions and meetings. She has published numerous articles on matters pertaining to the RAI process. Her latest training is centered around Resident Quality Inspection, RAI-MDS accuracy and RUG-case mix, documentation and care planning, and restorative care program.

Presented by the President of SCK Health Consulting Inc. this half-day training is essential for all Activity Professionals who are involved with Resident Assessment Instrument-Minimum Data Set (RAI-MDS) 2.0 assessment (coding), resident assessment protocol (RAP) documentation and plan of care development. The goal of this workshop is to provide Activity Professionals the techniques, tools and confidence to complete MDS coding, RAP documentation and develop an individualized and resident centered plan of care. This workshop will be interactive, and participants will have the opportunity to practice coding exercise, and critique examples of documentation and plan of care.

At the end of this presentation, participants will:

- 1) Have increased knowledge of how MDS coding links to RAP documentation and plan of care development.
- 2) Understand what good documentation looks like, what information must be included in RAP documentation, and how to document monitoring and evaluation of care.
- 3) Know how to develop an individualized and resident centered plan of care that meets resident needs and compliance inspection requirements.

Additional Cost To Attend This Session: \$80 per person

Session Space Is Limited

Light snacks and refreshments will be provided

Early Bird Speaker

Wednesday, October 18 ~ 4:00 PM - 5:15 PM



Nancy Richards

Forecast: Professional Image,
Cloudy or Clear?

Professional Image is important. First meeting with a client, future employer or professional networking may be a boom or a bust. Mix in assertiveness, word usage, activating positive power and how daily work is completed, all impact image. Make each opportunity count, crystalizing your professional forecast and ultimately your service delivery.

Nancy Richards is the Founder, CEO and possibility leader of Activity Pathways, L.L.C an eldercare education company on a quest to inspire care partners, who seek to understand the dimensions of aging while busting a few myths along the way. Pushing the edge in making aging, activities and dementia part of the national conversation. Rooted in the belief that relational based activities engage, support and honour elders during transitional care. Nancy is an Activity Director Certified, with specializations in Education and Memory Care, national speaker, workshop designer, Certified Dementia Practitioner and an approved instructor for the Modular Education Program for Activity Professionals (MEPAP). Nancy, raised in a multi-generational household, taps into that rich experience to create meaningful moments for the care journey.

**Want a sneak peek of Nancy Richards?
Check her and her company out**

Click Here: <http://www.activitypathways.com/about-nancy-richards>

Mix & Mingle

Wednesday, October 18 ~ 6:00 PM - Midnight

Time To Relax And Have Some Fun At Cineplex VIP

Join fellow Activity Professionals on Wednesday night and have some fun because there is no better way to start your Convention experience than kicking back and relaxing.

Dress Code: Casual

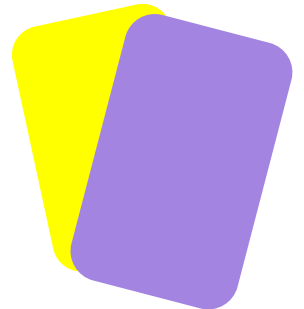
Regional Networking Breakfast

Thursday, October 19, 2017 ~ 7:30 AM



Here are your Region Reps

East Region - Valerie Mclean
Central Region - Alyssa Torres
South Region - Heather Vokey
North Region - **Vacant**



Regional Networking Breakfast (7:30 - 8:30)

Time to make those important connections with other Activity Professionals in your region. Our Region Reps will be separating the area into 4 different colors to help you better identify others in your region. Please see the list below for your regions color.

East Region - Green
Central Region - Yellow
South Region - Purple
North Region - Orange

*** We encourage all delegates to dress in their regional color and show true spirit ***

Keynote Address

Thursday, October 19 ~ 8:30 AM - 9:30 AM



Judy Croon

Relieving Stress From Change With Humour

Judy is a comedian, motivational speaker, radio host, Second City stand up coach and author. She has worked with many celebrities including; Jon Stewart, Lewis Black, Robert Klein and Joan Rivers.

Her specials have appeared on NBC, CBS, CTV and The Comedy Network.

She is a co-author of *'From the Stage to the Page: Life Lessons from Four Funny Ladies!'* Judy draws from her standup performance experience to entertain, inform and inspire in her dynamic keynote entitled, 'Relieving Stress From Change with Humour'.

Judy is the creator/host of 'Laughlines' and 'Stand Up For The Girls' which have both helped raise over \$650,000 for breast cancer research.

'Relieving Stress from Change with Humour'

Stress is a major cause of most illnesses, and humour is an amazing way to relieve it. Harvard studies show that when you are stressed, your brain shrinks. However, when you laugh, you relax; and when you relax, you learn. This hilarious and inspirational session explores seven stress-relieving ingredients: a positive attitude, perseverance, forgiveness, teamwork, family and friends, mental activity and physical activity.

Want To Have A Laugh or Listen To Her Podcast?

Click Here: <https://www.youtube.com/c/JudyCroon>

Check out here website. Click Here: <http://www.judycroon.com/>

Thursday, October 19, 2017 ~ 10:30 - 12:00

S1

HeartBeats Club - *How to make exercise your most eagerly attended program*

Presenter: Tammy Hand

Leading exercise on a regular basis can become monotonous. But if you combine energetic music with an atmosphere of celebration, a traditional class can be transformed into an exciting event that feels more like entertainment than a workout. In addition to learning the theory behind this method and hearing real life examples, you are invited to participate in a demo of HeartBeats Cardio Chair Exercise. Come and experience first hand new techniques that can revitalize your current exercise program. Even though HeartBeats Club is suitable for all fitness levels, Activity Professionals who work in Long Term Care Centers and Adult Day Programs will find this format particularly effective in addressing the unique needs of the frail client who is facing multiple chronic medical conditions.

Learning objectives:

- 1) Attendees will participate in a demo class of HeartBeats Cardio Chair Exercise. Real life examples of HeartBeats Club in action will be presented and attendees will evaluate how these techniques can benefit their clients.
- 2) Attendees will identify the key features that distinguish HeartBeats Club from other exercise and dance programs.
- 3) Attendees will learn the basic neuroscience of how music stimulates the brain and what makes it an effective tool for motivating and cueing exercise. They will apply this knowledge in choosing music that engages and enlivens their clients.

S2

Activity Salad Bowl: Serving All

Presenter: Nancy Richards

The case mix in long term living continues to change and Activity Professionals must be ready to serve. Unique identities, emotional life, strengths and interests of clients under 65 will be explored. Generational components set the base to understand how to connect, assess, reduce barriers to service and deliver person appropriate meaningful activities.

Learning Objectives:

- 1) Attendees will be able to explain how to support the emotional life of clients.
- 2) Attendees will identify 3 barriers to service and 3 potential solutions.
- 3) Attendees will be able to describe how to apply strategies to nurture inclusion.

Thursday, October 19, 2017 ~ 10:30 - 12:00

S3

Palliative Care And End Of Life Approach - The Process For Activity Professionals.

Presenters: Barbara Michalik & Kayla Johnston

Palliative Care and the End of Life Approach for Activity Professionals will help staff to develop a heartfelt plan for all residents who are entering LTC. This approach begins before the resident is admitted and continues approximately one year after the death of a resident. Palliative Care and the End of Life approach requires a collaborative team effort from staff, family and the community. Integrating the psychosocial, spiritual and medical aspects of resident care will provide residents with enhanced quality of life and will positively influence the course of illness and entire end of life process.

Learning Objectives:

- 1) To develop a firm understanding of a Palliative Care and End of Life Approach.
- 2) To develop a better understanding of the integration of the social and medical models of health with respect to palliative care and end of life.
- 3) To navigate common challenges in providing palliative & end of life care in LTC.
- 4) To consider ways to meet palliative and end of life needs for residents and their families and to support staff in the provision of care.
- 5) To better understand how Activity Professionals can provide meaningful non-medical support to residents and their families.
- 6) To gain insight into the butterfly concept.

Thursday, October 19, 2017 ~ 12:15 - 1:30

AGM

The Annual General Meeting will be held over lunch hour. The format for this year's AGM will mimic that of last year with more focus on the future direction of APO and what we are doing with the membership to see us into the next years.

Please join us for this very important meeting.

If you are unable to attend the meeting please don't forget to sign your proxy form and send it with a Professional member so that you can still have a say in the future of your organization.

Thursday, October 19, 2017 ~ 1:45 - 3:15

S4

The Recreationist's Guide To LTC Supremacy And Filled Retirement Home Beds

Presenter: Ron Martyn

What every Administrator should know is that the Recreation Department is the best vehicle to promote how great the Home is, thereby establishing a positive reputation for the home, and ensuring maximum consumer demand. Sometimes they don't get it. And sometimes we, as recreationists, don't realize our potential power and influence, and the impact it can have on our recognized worth to the organization.

This session focuses on taking a proactive approach to promoting the Recreation/Activation Department as a vital component in the marketing and promotion of an organization. Participants will first learn how to present their case to gain administrative support and recognition as a valued contributor to the organization's reputation. The next step will be to identify key programming strategies that maximize positive messaging, and have the greatest impact on customers and potential customers. The session will include examples of successful programs that contribute to the reputation of an organization, with an opportunity for delegates to share their own success stories.

Learning Objectives:

- 1) Understand the potential role and significance of the recreation department in promoting an organization's value to customers.
- 2) Utilize approaches and strategies to gain administrative approval and recognition for program innovation and positive marketing of the organization.
- 3) Identify and develop programming ideas that promote positive messages about the organization, and support the importance of recreation in the care setting.

S5

Age-able Age-ability: The Activation Option For Aging and Agedness

Presenters: Aldo Di Giovanni & Poli Pergantis

From an Administrator's perspective, the development of activation programs in the last few decades, including the mandate to handle behaviours, has resulted in an approach to supporting aging and aged seniors that is strength based and that builds on functional assets. The approach has succeeded. It can be shared by the other disciplines that provide care and support to the elderly. It enables removal of 'waste' and the provision of efficient and effective care. It would benefit both the elderly and their caregivers. The Age-ability Framework is an approach that can be championed by activation leaders and workers to the benefit of the elderly and their caregivers.

Learning Objectives:

- 1) Review of developments in Activation that point to a shifting paradigm and the importance of the change.
- 2) Overview of philosophy, values and principles of the Age-ability Framework
- 3) Presentation of an Age-ability peer mutual self-help Group.

Thursday, October 19, 2017 ~ 1:45 - 3:15

S6

Word Maps In Dementia Care: Connecting Lives Through Stories & Poems

Presenter: Christine Novy

Getting to know the person separate from their condition is widely accepted as best practice in dementia care and a prerequisite for initiating conversation, activities and routines that are meaningful for the person with dementia. During this presentation/workshop, Christine Novy will demonstrate how stories and poems about personal and collective memories can be used to affirm the subjective inner worlds of people with dementia, providing a bridge to self-expression and meaningful communication. The presentation will combine audio-visual case examples from life story projects along with opportunities for attendees to workshop the approaches demonstrated.

Learning Objectives:

- 1) 3 creative ways to embark on a life story document with individuals of differing cognitive and/or communication impairments.
- 2) Guidelines for using life story documents to personalize group work and trigger collective memories.
- 3) First-hand experience co-creating a group poem, as a focus for feelings of belonging and a record of shared interests.



Please Remember ...

- ◆ Some sessions have limited registration space so sign up early.
- ◆ We ask that delegates refrain from switching breakout sessions if possible. If you would like to switch sessions after you register you **MUST** speak with the Convention Chair when picking up your registration package but know this may not be possible.

Thursday, October 19, 2017 ~ 3:45 - 5:15

S7

The Advantages Of Animal Assisted Therapy

Presenter: Delivis Niedzialek

Animal assisted therapy has proven health benefits including reducing fatigue and anxiety in people. Many think Animal Assisted Therapy is focused just on domestic animals but all animals have can provide benefits especially to the older population. Del has brought his experience of founding Canada's largest animal assisted therapy programs to Animal Ambassadors. He will discuss the logistics of having an animal assisted therapy program as well as the health benefits.

Learning Objectives:

- 1) Attendees will understand what pet / animal assisted therapy is.
- 2) Attendees will recognize why animal assisted therapy is so important to their clientele.
- 3) Attendee will be able to identify the benefits they can expect to see.

S8

Escape Adventure

Presenter: Miranda Pitts

Jump in and enter on an exciting and historical adventure! Stimulate aging adults with reminiscing and memory recall tasks, and mental challenges and puzzles, as you take them on a journey to see if they can escape back to present time. This flexible, portable, and modifiable 30 to 1 hour program challenges aging adults to use creative thinking, problem solving, mental flexibility, and attentiveness while having fun! Escape Adventure can cater to different interests, life experiences and mental abilities though the different adventures and challenges to pick from! This program is inspired by Escape Rooms, which are defined is as "an adventure game in which players solve a series of puzzles using hints, clues and strategy to complete the objectives at hand"

Some themes that will be explored include Buckingham Palace Breakout, Stuck In The Wild West, and Golden Era In Hollywood.

Learning Objectives:

- 1) Provide an opportunity for aging adults to engage in healthy brain stimulating activities in a non-traditional setting through fresh and interesting themes.
- 2) Allow aging adults to socialize and bond while working together to solve the tasks and complete a successful escape.
- 3) Inspire mindfulness and good- nature in the aging adults participating as they focus on the adventure and tasks at hand.

Thursday, October 19, 2017 ~ 3:45 - 5:15

S9

Chocolate Therapy Extravaganza

Presenter: Mitchell Hewson

A great creative and nurturing workshop for residents and staff to understand the healing powers and therapeutic aspects of chocolate!

Clinical studies now show the health-giving and medicinal qualities of eating approximately 25 to 40 grams of chocolate. Chocolate satisfies hunger. Chocolate can be used for massage for normalizing the metabolic process and moisturizes the skin . Chocolate is an antioxidant. Chocolate helps to reduce pain. Chocolate promotes a positive mood.

Come and experience the pleasures of working with chocolate that makes you feel good and stimulating the mind, body and soul.

Menu Includes:

White chocolate almond bark with dried cranberries
Dark chocolate with apricots
White chocolate with blue berries and pistachio nuts
Mocha coconut clusters
California Raisin Cups
Mixed nut clusters with Brazil, cashew, almonds and hazelnuts
Pretzels with white and dark chocolate
Pineapple and papaya chunks dipped in chocolate
Chocolate eggs
Novelty chocolates

Learning Objectives:

- 1) Participants will learn how to mix, melt, and make ten kinds of chocolates, and come away with 1 pound of chocolate, decorative box and all recipes!
- 2) Participants will study the therapeutic aspects of chocolate while making seven kinds of chocolate!

Limited Space: 30 registrants
Extra charge of \$15 for supplies



Exploring The New World Party

Thursday, October 19th, 2017

Cocktails at 6:30 pm (Cash Bar)

Dinner at 7:30 pm

Entertainment To Follow

*Pirate or Explorer
Attire Encouraged*

*Banquet Dinner &
Awards Ceremony*

Friday, October 20, 2017 ~ 9:00 - 11:00

S10

Horticulture As Therapy - Innovative Programming For Specialized Populations

Presenter: Mitchell Hewson

As a treatment method for long term care residents, horticulture therapy is a valid and increasingly popular intervention. Through anecdotal and empirical evidence, participants will discover the many uses of plants as a therapeutic tool to develop a relationship with the client to improve their cognitive, physical and spiritual functioning levels.

This presentation will cover the therapeutic dynamics of horticulture and complementary therapy for specialized populations. Nature provides a wonderful tool to build self-esteem, provide meaningful activity and enrich the client's quality of life. Mr. Hewson's 40 years of experience in psychiatry provides real-life experiences that are carefully intertwined with the therapeutic environment. Through special exercises, projects and activities, his presentation is infused with the voice of a humanist and naturalist.

This presentation is ideal for activity professional and those interested in using horticulture as a therapeutic tool to nurture the mind, body and soul.

Learning Objectives:

- 1) Attendees will be conversant of horticultural therapy treatment programs for seniors living in long-term care and health care treatment setting.
- 2) Attendees will define and adhere to a humanistic model as a basis for interacting with residents/clients.
- 3) Attendees will be conversant with how to provide a therapeutic plant environment.
- 4) Attendees will be conversant with the use of Aromatherapy as a treatment intervention for individuals in a variety of health care settings.
- 5) Attendees will be conversant of therapeutic plants and their properties.
- 6) Attendees will be conversant of culinary herbs and projects for therapeutic programs.
- 7) Attendees will be able to use nature as a therapeutic tool for enrichment of client/resident programs and services.

S11

Building Bridges With Opening Minds Through Art (OMA)

Presenter: Kathryn Bender, Andrea Morneau & Judith McKnight

Opening Minds through Art (OMA) is a highly structured intergenerational program founded on strengths-based psychology: Capitalizing on what people with dementia still can do and their creative capacity. This program is designed for people with dementia to more freely express themselves, success on their own with minimal assistance and feel a sense of personal accomplishment. Opening Minds through Art creates autonomy for those with dementia, capitalizing on what people with dementia still "Can DO" During the hands on workshop, participants will learn more about this program and participate in a unique completion of art project

Limited Space: 36 registrants
Extra charge of \$15 for supplies

Friday, October 20, 2017 ~ 9:00 - 11:00

S12

Music In Dementia Care: Practical Skills Workshop

Presenter: Jim Arnold

This hands-on workshop is designed to provide recreation staff with practical skills, strategies, knowledge and the confidence to lead music activities for residents living with dementia. Non-musicians will learn how to use drums, rhythm instruments, bells, piano, ukulele, xylophone, and other musical instruments in group and one-on-one activities. Learn a variety of musical activities such as group puppetry, hand dancing, group bowling, and a variety of musical games that meet your recreation objectives.

Learning Objectives:

- 1) Non-musicians will learn how to effectively use musical instruments typically found in Long Term Care facilities.
- 2) Participants will learn how to use music activities for behaviour management
- 3) Participants will learn how to facilitate a variety of musical activities to encourage social engagement, communication, and mild exercise.

Limited Space: 36 registrants



Endnote Address

Friday, October 20 ~ 12:30 PM - 1:45 PM



Paul Houle

Managing & Embracing Change
With A... BOOM

Paul Houle travels the globe showing A-list corporations how to collaborate more effectively so they can achieve extraordinary results. His methodology combines the power of interactive music-making infused with key insights that help people listen and communicate better. His program busts through the silos as he teaches non-musicians how to be as unified as the players in a great orchestra.

Through patience, humour and a keen sense of seizing the moment, he helps people think differently about interaction while they achieve more than they think is possible.

A gifted educator, Paul used his love of music from other cultures in his position as Director of Percussion studies at Canada's Royal Conservatory of Music. There, he founded the RCM Percussion Ensemble Program, and served as Executive Director of the RCM World Music Centre built on his vision of offering a larger diversity of courses that is more in line with Toronto's multi-cultural population.

Change can be unexpected and devastating. It can shake the very foundations of how we think, live and work. It can also be intentional and strategic, designed to redefine, reorganize and rebuild something that already exists. Yet many of us work hard to avoid change. We work hard to keep things the same. For many change equals fear.

But what if you knew how to manage change? How to make the most of it? How to have it work for you?

Join Paul Houle for an incredible interactive program where you will learn how to respond and adapt to change, and how change can be used to foster sustainability, excitement and growth.

**Want a sneak peek of Paul? Check out his website.
Click here: <https://www.paulhoule.ca>**

Hotel Information



**105 King Street East
Kitchener, Ontario
N2G 2K8
1-800-483-7812**



Our block of rooms at reduced APO Group Rates will be held until

Tuesday, October 3rd, 2017

or until all are reserved, which ever comes first.

APO 2017 Group Rate:

2 Queen Beds / 1 King Bed \$139.00

- ◆ Rates are per room per night, subject to applicable taxes
- ◆ Room pricing will be extended for 3 days prior and post event dates. Take in the sights of Kitchener-Waterloo with your family or enjoy the great amenities within the hotel.
- ◆ Check out time 11:00 am



Amenities

- ◆ Complimentary WiFi access
- ◆ Complimentary parking
- ◆ Access to the conference centre from inside the hotel
- ◆ Crowne Plaza Sleep Advantage
- ◆ Located in the city centre
- ◆ On site fitness centre and indoor pool

RESERVATIONS

By Phone: 1-519-744-4141 with a major credit card and ensure to quote the group name
"Activity Professionals of Ontario"

Online: [Convention Registration](#)



Activity Professionals of Ontario - 33rd Annual Convention “Charting A New Course”

Please **print** and use **black ink** - your name tag will reflect what we are able to read

| | | | |
|---|--------------|------------------|----|
| APO Member | YES / NO | Your APO Region: | |
| Name: | | | |
| Employer / Facility: | | | |
| Mailing Address (this will be printed in the delegate list): | | | |
| Street: | | | |
| City: | | | |
| Province: | Postal Code: | | |
| Work Phone: | Home: | | |
| Email Address: | | | |
| Fax Registration & Please Make Cheques Payable To: Activity Professionals of Ontario P.O. Box 293 Port Hope, ON L1A 3W4 Fax: 1-888-494-7038 Pictures/promotions: I understand APO may take pictures that may be utilized for public relations purposes. | | | |
| | | YES | NO |

Register by September 9th, 2017 and pay the earlybird rate: Please read instructions clearly before filling out the form. Select your sessions: first come first serve. Choices will be determined by the date of registration. Fill out all sections below and fax.

| Dates | Options | First Choice | Second Choice | Third Choice |
|---|-------------------|--------------|---------------|--------------|
| Wed, Oct 18, 2017 11:00 pm - 3:00 pm | Earlybird Session | Y / N | N/A | N/A |
| Wed, Oct 18, 2017 4:00 pm - 5:15 pm | Earlybird Speaker | ✓ | N/A | N/A |
| Thurs, Oct 19, 2017 8:30 am - 9:30 am | Keynote Address | ✓ | N/A | N/A |
| Thurs, Oct 19, 2017 10:30 am - 12:00 noon | | S1 S2 S3 | S1 S2 S3 | S1 S2 S3 |
| Thurs, Oct 19, 2017 1:45 pm - 3:15 pm | | S4 S5 S6 | S4 S5 S6 | S4 S5 S6 |
| Thurs, Oct 19, 2017 3:45 pm - 5:15 pm | | S7 S8 S9 | S7 S8 S9 | S7 S8 S9 |
| Banquet Ticket For Day Registrants, Spouse, or Friend \$75 | | | | |
| Fri, Oct 20, 2017 9:00 am - 11:00 am | | S10 S11 S12 | S10 S11 S12 | S10 S11 S12 |



Activity Professionals of Ontario - 33rd Annual Convention “Charting A New Course”

Please **print** and use **black ink** - your name tag will reflect what we are able to read

Name: _____

| Convention Registration | Early Bird | After September 9th | Amount Paid |
|-----------------------------------|------------|---------------------|-------------|
| APO Member Full Convention | \$410 | \$450 | |
| APO Member Thursday Only | \$310 | | |
| APO Member Friday Only | \$285 | | |
| Non-Member Full Convention | \$585 | \$625 | |
| Non-Member Thursday Only | \$350 | | |
| Non-Member Friday Only | \$325 | | |

| | | | |
|---|------|--|--|
| If you are registering for the Earlybird Session there is an extra charge | \$80 | | |
| If you are registering for S9 there is an extra charge for supplies | \$15 | | |
| If you are registering for S11 there is an extra charge for supplies | \$15 | | |
| Extra Banquet Ticket | \$75 | | |

NO REFUNDS will be granted after October 13th, 2017

TOTAL

Online registration and Credit Card Payments can be made through
<https://apoo.wildapricot.org/event-2383425>

Confirmation letter of registration and receipts will be emailed to delegates once registration is processed



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